



JANUARY 2024

# UCSD STUDENT-RUN FREE CLINIC PROJECT



As we reflect on the past year and look ahead to this new year, we wanted to extend our gratitude to all students, volunteers, and donors for your support. UCSD Student-Run Free Clinic is embarking on its 27th year of operation and we are excited to continue to serve our community in 2024.

Thank you for making our work possible.

## 2023 ACCOMPLISHMENTS

### Medical



- 3350 total encounters
- 66 new patients
- 311 medical students
- 120 pre-med volunteers
- 112 volunteer physicians and 25 volunteer mental health professionals

### Street Outreach



- 474 encounters
- 2140 items given to individuals including food, clothing, etc
- 17 medical students in outreach alongside our physicians and social worker

### Dental

- 2456 visits and screenings
- 109 new patients
- 153 Pre-dental student volunteers with 8,317 volunteer hours
- 45 Volunteer Dentists provided 1431 volunteer hours
- Total value of services \$509,202



### Food Prescription Program

- 63,000 pounds of food distributed to Free Clinic patients
- 100 pounds of food given to each patient per distribution (60 shelf stable, 40 fresh)
- Additional food given at the holidays as well as to Street Outreach, Nutrition Kitchen Project and local organizations



## Nutrition Kitchen



- Monthly cooking and nutrition classes with volunteers, medical students and patients
- Topics covered
  - Dietary Fiber
  - Hypertension
  - Diabetes
  - Osteoporosis, Calcium, and Vitamin D
  - Food allergens and cross-contact
  - Gluten-free, celiac disease, NCGS
  - Low-FODMAP for IBS
  - Obesity, Metabolic Syndrome, and Fatty Liver

## Pharmacy



- Over 8800 monthly prescriptions filled with retail value of 1.3 million dollars
- 86 vaccines
- 176 pharmacy students
- 17 pharmacists
- Special services offered
  - Tobacco cessation
  - Diabetic shoe program
  - Complex care consults

### IN MEMORIAM OF DR. DAVID S. ADLER Emeritus Professor of Clinical Pharmacy

“

David Adler was a kind, caring, compassionate role model committed to social justice, advocacy, and empowering health care. When UCSD School of Pharmacy was founded, Dr. Adler made it possible for the free clinic to become part of the core curriculum of the pharmacy students. David's passion for social justice, and his commitment to high quality empowering care with underserved communities, and especially for those who had nowhere to turn, inspired generations of pharmacy students and future leaders in pharmacy education and service. pharmacy.

– Ellen Beck, MD, Founding Director

”

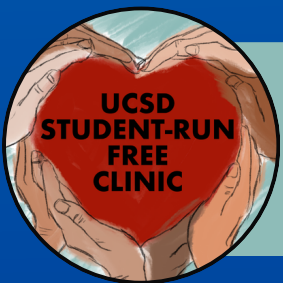


“

Dr. David S. Adler made possible the access of free prescription drugs, vaccines and pharmacy specialty services for low-income and uninsured patients. Dr. Adler's passion for public service is shared by pharmacy students, residents and faculty volunteers that work with the poor and drives change and innovation to help address health disparities affecting the community. Dr. David Adler has dedicated his entire career to advancing the pharmacy profession and pursued notable social causes and public health work that has impacted countless lives. Dr. Adler will be greatly missed but his legacy and contributions to the field of clinical pharmacy and public health outreach work will live on in the lives of future generations of pharmacy students being trained at the UCSD Student-Run Free Clinic Project.

– Eduardo Fricovsky, PharmD, Pharmacy Director

”



**Thank you, Dr. Adler for your lasting, positive impact on the Student-Run Free Clinic Project. We are deeply grateful for your enduring legacy of service and selflessness.**

# THANK YOU FOR YOUR SUPPORT

We could not provide our patient care and services without your help. This grant and donor roll list is inclusive from January 1, 2023 to December 31, 2023. We are fortunate to have so many of you that we do not have enough space to list everyone individually. Student-Run Free Clinic Project donors from \$1-\$999 are the engine that collectively empowers us every day. We give our heartfelt thanks for being our foundation. Every \$1 is powerful and makes a huge impact.

## \$1,000,000+

MR. DENNY T. SANFORD

## \$250,000+

CONRAD PREBYS FOUNDATION

## \$50,000+

MRS. CAROL AND MR. GEORGE LATTIMER

## \$25,000 – \$49,999

ANONYMOUS

## \$10,000 – \$24,999

THE LOOKER FOUNDATION  
TRAVERE THERAPEUTICS, INC.

## \$5,000 – \$9,999

ANONYMOUS †  
MRS. ANN AND MR. ROBERT DYNES  
DR. BILL ENG †  
DR. KEVIN M. KENNY FOUNDATION \*  
ORVILLE AND GAYLE KOLTERMAN FAMILY FOUNDATION  
MS. IRIS MASOTTI  
DR. DONNA SILVERSTEIN \*  
STIFEL FINANCIAL CORP  
THE WILSON SEXTON FOUNDATION

## \$2,500 – \$4,999

DR. DAVID BAILEY \*  
THE GEORGES & GERMAINE FUSENOT CHARITY FOUNDATION  
DR. TIMOTHY LIN †  
DR. DYLAN MANN \* †

## \$1,000 – \$2,499

ANONYMOUS  
ANONYMOUS  
ANONYMOUS \*  
DR. JOSEPH ACEVEDO †  
MS. LAUREN BEAUDRY AND MR. JACK SNIDER  
DR. MARILYN CARLSON  
DR. SAMUEL DOVE \*  
DR. COLLEEN HARKER †  
DR. SUSY JENG †  
DR. MARGARET JOLLEY †  
MR. ROBERT KILIAN  
DRS. LISA AND RUSTY KALLENBERG  
DR. SANG WOO KIM †  
DRS. AMY AND RICHARD KRONICK  
MRS. DIANE AND MR. WARREN KUMLEY †  
MRS. MABEL AND MR. DAVID KUNG  
DR. MARSHALL LITTMAN  
DR. DIANNE MCKAY AND DR. ANDREW KING \*  
DRS. THERESA AND DAVID MILDER \*  
DR. KRISTIN PARRINELLA †  
DR. RAYMOND M. AND MRS. SYLVIA PETERSON  
POWAY PALOOZA  
MS. MARGARET PRYATEL  
DR. JUDITH RATNER AND MR. KENNETH GELLER †  
SAN DIEGO COUNTY EMPLOYEES' CHARITABLE  
ORGANIZATION  
MR. STEVEN SMITH \*  
DR. SELINA THOMAS †  
DR. SAGAR VAIDYA \*  
DR. SCOTT WILLIS †  
MRS. SUSAN AND DR. SCOTT YEAW \*

### Notations

\* UC San Diego Student-Run Free Clinic Volunteer, Board Member and/or Staff

† UC San Diego Alumnus

We apologize for any omission or misrepresentation of name, title, or notation.  
Please let us know to appropriately recognize your support in our next newsletter.